



Coal India Limited

## **Brief of AKAM Activities being carried out in CIL and Subsidiaries Week 70th (04.07.2022 - 10.07.2022).**



### **Activity 70.1**

- a) Name of the Event:** New initiatives to be taken up for overall development by SECL Korba Area@SECL.
- b) Event Type:** Internal.
- c) Event Mode:** Offline.
- d) Theme:** Reolve@75
- e) Event Photographs:**





**f) Event Date:**07.07.2022

**g) Event Description:** On the occasion of Amrut Mahotsav of Independence, the work done in the last two years under the CSR item of the Korba area was described in details as well as the new proposals and initiatives to be done in this year were also discussed. Especially in the field of health, women empowerment and skill development, information was given about the beginning of new projects in the coming period so that a new direction can be given to the development in the project-affected villages. Under the theme new ideas@75, this meeting was called to discuss upon new ideas and initiatives that can be implemented all across the area. CSR is an emerging concept and has several dimensions. Having a better understanding of CSR can enable implementation of better CSR projects that lies in the true spirit of CSR.

### **Activity 70.2**

**a) Name of the Event:** Week Long Yoga Camp organized at WCL Central Workshop Tadali@WCL.

**b) Event Type:** Internal.

**c) Event Mode:** Offline.

**d) Theme:** Resolve@75

**e) Event Photographs:**





**f) Event date:** 04.07.2022 - 09.07.2022

**g) Event Description:** Under Azadi ka Amrut Mahotsav and on the occasion of International Yoga Day, Central Workshop (CWS) Tadali along with Mahila Patanjali Yoga Samiti, Chandrapur organized a 7 day yoga training camp at WCL Urjagram from 1st July to 7th July. The 7 day Yoga training saw participation from more than 40 Employees and family members of CWS Tadali. The following activities were undertaken during the training programme:

1. Benefits, method and timing of Pranayama
2. How to tie the Mahabandh and how to tie the Pancha Pranas - prana, apana, udana, samana, vyana while tying the bandha
3. Subtle exercise of hands and feet and its benefits
4. Kapalbhathi & Other self cleansing techniques of Yoga
5. Basic exercises, postures and remedies for ailments of some of the participants
6. Importance and benefits of diet, Naturopathy and local medicinal plants that can benefit us.

### Activity 70.3

- a) **Name of the Event:** Organization of Essay competition at school@CIL.
- b) **Event Type:** Internal.
- c) **Event Mode:** Offline.
- d) **Theme:** Resolve@75.
- e) **Event Photographs:**





**f) Event Date: 05.07.2022**

**g) Event description:**

**11 reasons why essay writing is important in one's professional life**

- Every student has to write essays at school or college. ...
- Improves writing skills.
- Helps to demonstrate your intelligence.
- Gains research skills.
- Increase your knowledge in different niches.
- Helps to find a job.
- Writing skills are required for promotion.

An essay competition was organized where students from rural schools of Mayapur participated in large numbers. The essay was organized in two groups one from class 6-8 and the other from class 9-10. The topic of the essay was “Swachhta in not an option” and Role of Individual in creating a sustainable environment. Winners were rewarded. Such competitions all

through the Pakhwada helped in developing importance of language be it regional or national.

### Activity 70.4

- a) **Name of the Event:** Tree Plantation by CMD CMPDIL under AKAM at RI-V, Bilaspur@CMPDIL.
- b) **Event Type:** Internal.
- c) **Event Mode:** Offline.
- d) **Theme:** Reolve@75.
- e) **Event Photographs:**





**f) Event date:** 09.07.2022

**g) Event Descriptions:** Trees contribute to their environment over long periods of time by providing oxygen, improving air quality, climate amelioration, conserving water, preserving soil, and supporting wildlife. During the process of photosynthesis, trees take in carbon dioxide and produce the oxygen we breathe. Chairman cum Managing Director, CMPDI, Shri Manoj Kumar held a review meeting with all the Heads of Departments in Regional Institute - 5 Bilaspur on July 9, '22 and with all the camp in-charge and exploration departments on July 10, '22. Tree plantation was also done by the Chairman-cum-Managing Director for environmental protection in the Institute premises. On this occasion, Regional Director of Regional Institute-5, Mr. I.D. Narayan and officers and employees were also present. These trees will be maintained by concerned department of CMPDIL.



## Activity 70.5

- a) **Name of the Event:** First Athlete from the state to get bronze at Asian Wrestling Championship at Behrain (u-15)@CCL.
- b) **Event Type:** External.
- c) **Event Mode:** Offline.
- d) **Theme:** Acheviment@75.
- e) **Event Photographs:**





f) **Event Date:** 04.07.2022

g) **Event Description:** Central Coalfields Ltd in partnership with State Govt of Jharkhand established the Sports Academy in the year 2016. In the first batch, 78 sports cadets were admitted from various Districts of Jharkhand. In the year 2016-17, 100 more Sports Cadets were added. During the current year 2017-18, selection for 222 Sports cadets is under process and selection program will be completed by Dec 2017. Thus the total strength will be 400 as on 01.04.2018 (boys & girls in the ratio of 50:50). Ultimately the strength will increase to 1400 by the year 2022, the 75th year of Independence the Cadets are being trained to bring glory to the Nation in the form of Gold Medals in 2024 Olympics to be held in Paris. Aditya Kumar Gaurav from Sports Academy, Khelgaon Ranchi run by CCL under [#CclCsrInitiative](#) and Govt of Jharkhand created history by winning bronze in the U-15 Asian

Wrestling Championship at Behrain. He is the first athlete from the state to achieve this feat.

### Activity 70.6

- a) **Name of the Event:** Distributions of sanitary pads at 8 villages @ MCL
- b) **Event Type:** External.
- c) **Event Mode:** Offline.
- d) **Theme:** Reolve@75.
- e) **Event Photographs:**





**f) Event Date:** 05.07.2022

**g) Event Description:** Women have to be careful when it comes to their menstrual hygiene or it could lead to a lot of complications. India is one country where a lot of women still manage with pieces of cloth (especially in rural areas) instead of sanitary pads. Women in rural areas tend to use cloth, sand, or ash during periods. Unsterilized cloth and other practices makes them susceptible to urinary tract infections and other problems. Poor menstrual hygiene can cause vaginal infections and rashes, which could lead to complications. Sanitary pads were distributed among 3000 girls and women in 8 villages of four operational districts of MCL. Benefits of sanitary napkins are several when compared to cloth or any traditional way of menstrual protection namely no worry of leakage, convenient, best for travelling, etc.

## Activity 70.7

- a) Name of the Event: PF/Pension Help Desk & Awareness Campaign.  
@ECL.
- b) Event Type: Internal.
- c) Event Mode: Offline.
- d) Theme: Ideas@75.
- e) Event Photographs:



**f) Event Date:** 09.07.2022

**g) Event Description:** A pension plan is an employee benefit that commits the employer to make regular contributions to a pool of money that is set aside in order to fund payments made to eligible employees after they retire. ECL has good numbers of employees and provides different facilities as welfare measures to them. PF and pension are the most important social security schemes. To resolve different issues and raise awareness among the employees related to their PF/Pension, a unique initiative has been taken, i.e. one day PF/Pension Help Desk at Areas. ECL organizes such initiatives on a regular basis to resolve the related issues. This has been organized under the Azadi Ka Amrut Mahotsav at ECL, with the theme of *ideas@75* to resolve the cases quickly for the benefit of its employees.

### **Activity 70.8**

**a) Name of the Event:** Cleaning work at Ramkanali filter plant under swachhta pakhwada katras@BCCL.

**b) Event Type:** External.

**c) Event Mode:** Offline.

**d) Theme:** Resolve@75.

**e) Event Photographs:**





**f) Event Date:** 08.07.2022

**g) Event Description:** A water filtration plant is a facility that works to filter and purify water by removing chemicals, hazardous materials, and toxic matters from a water source. The 5 major unit processes include chemical coagulation, flocculation, sedimentation, filtration, and disinfection. During filtration, the clear water passes through filters that have different pore sizes and are made of different materials (such as sand, gravel, and charcoal). These filters remove dissolved particles and germs, such as dust, chemicals, parasites, bacteria, and viruses. Cleaning work at Ramkanali filter plant under Swachhta Pakhwada katras. Cleaning the environment is the key to existence and survival of life on planet earth. Maintaining a clean environment reduces pollution, preserves our biosphere, protects endangered species, and also helps preserve the earth's natural resources.

**NCL could not conduct AKAM activity due to some unforeseen circumstances, however the planned activity will be conducted in upcoming weeks.**

## NLCIL Status Update for the week (04.07.2022 to 10.07.2022)

CMD/NLCIL Inaugurates Atal Tinkering Lab (ATL) at Jawahar Higher Secondary School (CBSE), Neyveli as a part of "Azadi Ka Amrit Mahotsav" theme for creating awareness as advised by Ministry of Home Affairs, Govt. of India by following the preventive measures as maintaining social distancing, wearing of Mask etc.

#AMRIT MAHOTSAV



In an endeavour to nurture young minds to innovate and to develop scientific temperament the Atal Tinkering Lab (ATL) was established at NLCIL's Jawahar Higher Secondary School (CBSE), Neyveli, under Atal Innovation Mission (AIM), NITI Aayog, an initiative of Government of India.

 **CELEBRATING 75 YEARS OF INDIA'S INDEPENDENCE**







# SCCL Report-Azadi Ka Amrut Mahotsav

Week 70 (from 04.07.2022 to 10.07.2022)

## Awareness programmes on clean/safe drinking water.

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70<sup>th</sup> Week programme of Azadi Ka Amrut Mahotsav was scheduled as "Awareness programmes on clean/safe drinking water" and organized from 04.07.2022 to 10.07.2022 in SCCL.

In Yellandu Area awareness programme on clean/safe drinking water was organized. Sri M. Shalem Raju, General Manager has addressed the importance of clean/safe drinking water. He told that water is one of the most essential and precious resources on earth. To keep our body in good, healthy condition, we need a reliable supply of safe drinking water.

World Health Organization recommends drinking at least 2 litres of water per day to be healthy. The SCCL is supplying enough clean/safe drinking water to our employees and their families in all colonies. He also suggested all employees to keep their surroundings clean and green to avoid spread of epidemics in rainy season.

All the employees participated in the programme and the programme also organized in all areas of SCCL.



General Manager (Yellandu) Sri Shalem Raju addressing the importance of clean/safe drinking water



Pamphlets distributed for awareness of clean/safe drinking water

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